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# GAMING DISORDERS

Questionnaire

# Virtual Identification



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Here's a questionnaire designed to explore perceptions, experiences, and practices surrounding digital or virtual identity. It covers various aspects such as personal expression, privacy, authenticity, and digital footprint.

*Instructions Please answer the following questions. Your responses will help us better understand perspectives on digital and virtual identity.*

### Section 1: General Information

1. Your Name:
2. Your Age:
3. How often do you use social media or digital platforms?  
 Daily  
 Weekly  
 Monthly  
 Rarely  
 Never

### Section 2: Understanding Digital Identity

4. How would you describe your "digital identity"? (e.g., How you present yourself online, whether it aligns with your real-life personality)  

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5. To what extent do you feel your digital identity reflects your real-life personality?  
 Completely  
 Mostly  
 Somewhat  
 Minimally  
 Not at all
6. Do you manage multiple digital identities or personas across different platforms (e.g., TikTok, Instagram)?  
 Yes  
 No  
 Sometimes
7. How do you usually choose the content you share or post online?  
 Based on my interests  
 For audience engagement  
 To create a specific impression  
 Other: \_\_\_\_\_

### Section 3: Privacy and Control

8. How concerned are you about the privacy of your personal information online?
- Very concerned
  - Somewhat concerned
  - Neutral
  - Not very concerned
  - Not at all concerned
9. How often do you review or adjust privacy settings on your social media or digital platforms?
- Regularly
  - Occasionally
  - Rarely
  - Never
10. Have you ever felt that your digital identity or content was misused or misrepresented?
- Yes
  - No
  - Unsure

### Section 4: Authenticity and Expression

11. To what extent do you feel pressured to enhance your digital identity (e.g., through filters, selective posting)?
- Very high
  - High
  - Moderate
  - Low
  - None
12. Do you feel more comfortable expressing certain aspects of yourself online than in real life?
- Yes
  - No
  - Sometimes
13. In your opinion, does maintaining a digital identity impact your self-esteem or mental health?
- Positively
  - Negatively
  - Both
  - No impact

### Section 5: Digital Footprint and Future Considerations

14. How often do you think about the long-term impact of your digital identity (e.g., digital footprint)?
- Often



- Sometimes
- Rarely
- Never

15. Would you consider using an online tool or app to monitor and manage your digital identity?

- Yes
- No
- Maybe

### Section 6: Open-Ended Questions

16. What is one positive experience you've had with your digital identity?

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17. What is one challenge you've faced in managing your digital identity?

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18. How would you ideally like to be perceived online?

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